HOTLINES

- Bennington Police Department (402) 238-2067
- Bennington Fire & Rescue (402) 238-2727
- Douglas County Sheriff (402) 444-6641
- Boys Town National Hotline 1-800-448-3000
- National Suicide Prevention Lifeline 1-800-273-8255
- Nebraska Family Support Network 1-800-345-0791
- Nebraska Family Helpline 1-888-866-8660
- Dept. of Health & Human Services (402) 471-3121
- Child Abuse & Neglect Hotline 1-800-652-1999
- Poison Control Center 1-800-222-1222

For more detailed information regarding these community resources, please speak with a Bennington Public Schools guidance counselor or school administrator.
<table>
<thead>
<tr>
<th>FAMILY SUPPORT</th>
<th>SEXUAL ORIENTATION</th>
<th>SUICIDE</th>
</tr>
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<tbody>
<tr>
<td><strong>Arbor Family Counseling</strong></td>
<td><strong>PFLAG Omaha</strong></td>
<td><strong>Boystown National Hotline</strong></td>
</tr>
<tr>
<td>(402) 330-4700</td>
<td><strong><a href="http://www.pflag-omaha.org">www.pflag-omaha.org</a></strong></td>
<td>1-800-448-3000</td>
</tr>
<tr>
<td><strong>Boys Town Center for Behavioral Health</strong></td>
<td><strong>The Trevor Helpline</strong></td>
<td><strong>National Suicide Prevention Lifeline</strong></td>
</tr>
<tr>
<td>(531) 355-3358</td>
<td><strong><a href="http://www.thetrevorproject.org">www.thetrevorproject.org</a></strong></td>
<td>1-800-273-8255</td>
</tr>
<tr>
<td><strong>CHI Immanuel Medical Center</strong></td>
<td><strong>Arbor Family Counseling</strong></td>
<td><strong>Arbor Family Counseling</strong></td>
</tr>
<tr>
<td><strong>Children's Hospital Behavioral Health</strong></td>
<td><strong><a href="http://www.chihealth.com/immanuel-medical-center">www.chihealth.com/immanuel-medical-center</a></strong></td>
<td><strong><a href="http://www.chihealth.com/immanuel-medical-center">www.chihealth.com/immanuel-medical-center</a></strong></td>
</tr>
<tr>
<td>(402) 955-3900</td>
<td><strong>Grief's Journey - Omaha</strong></td>
<td><strong>Grief's Journey - Omaha</strong></td>
</tr>
<tr>
<td><strong>Lutheran Family Services</strong></td>
<td>(402) 502-2773</td>
<td><strong>Boystown National Hotline</strong></td>
</tr>
<tr>
<td>(402) 342-7007</td>
<td><strong><a href="http://www.chihealth.com/immanuel-medical-center">www.chihealth.com/immanuel-medical-center</a></strong></td>
<td>1-800-448-3000</td>
</tr>
<tr>
<td><strong>Heartland Family Service</strong></td>
<td><strong><a href="http://www.griefsjourney.org">www.griefsjourney.org</a></strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
<tr>
<td>(402) 553-3000</td>
<td><strong>Boystown National Hotline</strong></td>
<td>1-800-448-3000</td>
</tr>
<tr>
<td><strong>Region VI Behavioral Health</strong></td>
<td><strong><a href="http://www.griefsjourney.org">www.griefsjourney.org</a></strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
<tr>
<td>(402) 444-6573</td>
<td><strong>Boystown National Hotline</strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
<tr>
<td><strong>Youth Emergency Services</strong></td>
<td><strong><a href="http://www.regionsix.com">www.regionsix.com</a></strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
<tr>
<td>(402) 345-5187</td>
<td><strong><a href="http://www.regionsix.com">www.regionsix.com</a></strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
<tr>
<td><strong>Catholic Charities</strong></td>
<td><strong><a href="http://www.yesomaha.org">www.yesomaha.org</a></strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
<tr>
<td>(402) 554-0520</td>
<td><strong><a href="http://www.ccomaha.org">www.ccomaha.org</a></strong></td>
<td><strong>24/7 hotline</strong></td>
</tr>
</tbody>
</table>

**Assistance in addressing physical, social, emotional, or behavioral concerns**

**Support, education, and advocacy for teens and families**

**free services for district families**

**specializes in GLBTQ youth**

**specializes in grief resources for families**

Bennington Public Schools Community Resource Guide
DOMESTIC VIOLENCE & SEXUAL ASSAULT
Help for those struggling with immediate or on-going issues

- Bennington Police Department (402) 238-2067
- Douglas County Sheriff (402) 444-6641
  https://www.omahashерiff.org/
- Child Protective Services 1-800-652-1999
  ** for reporting abuse & neglect
dhhs.ne.gov/children_family_services
- Project Harmony 1-800-652-1999
  www.projectharmony.com
- Women’s Center for Advancement (402) 345-7273
  www.wcaomaha.org 24/7 hotline

TEEN PREGNANCY

- Lutheran Family Services (402) 342-7038
  www.lfsneb.org
- Child Saving Institute (402) 553-6000
  www.childsaving.org
- Nebraska Children’s Home Society (402) 451-0787
  www.nchs.org
- Nebraska Early Childhood (531) 301-3021
  www.nebraskaeearly.org
- Planned Parenthood (800) 230-7526
  www.plannedparenthood.org

ACADEMIC SUPPORT & ATTENDANCE ISSUES

- D2 Center/Directions & Diploma (402) 502-8534
  www.d2center.org
- Gateway to College (531) 622-2746
  www.mccneb.edu
- Goals Center (531) 299-9851
  www.goals-center.org

AFTER-SCHOOL & MENTORING PROGRAMS

- All Star Kids (402) 672-4810
  www.benningtonschoolsfoundation.org/allstar
- Teammates - Bennington (402) 672-9647
  chapters.teammates.org/chapters/bennington
- Girls Inc. (402) 457-4676
  www.girlsincomaha.org

MULTICULTURAL ASSISTANCE
Assistance for immigration services and English language skills

- Latino Center of the Midlands (402) 733-2720
  www.latinocenterofthemidlands.org
- Lutheran Family Services (402) 536-3500
  www.lfsneb.org/community
- Language & Culture School of Omaha (402) 895-0766
  languagecultureschoolomaha.org
**LEGAL ASSISTANCE**
*Information and assistance for legal needs*

- **Creighton Legal Clinic**  
  law.creighton.edu/clinics/abrahams-legal-clinic  
  (402) 280-3068

- **Legal Aid of Nebraska**  
  www.legalaidofnebraska.com  
  (402) 348-1069

**CHEMICAL DEPENDENCY**
*Information, treatment & support for families affected by substance abuse*

- **The Bridge Nebraska**  
  https://thebridgenebraska.org/  
  (402) 477-3951

- **Alcoholics Anonymous / Alateen - Omaha**  
  www.omahaaa.org  
  (402) 556-1880

- **Catholic Servises**  
  www.cocomaha.org  
  (402) 554-0520

- **NOVA: Adolescent Treatment & Support**  
  www.novatc.org  
  (402) 455-8303

- **Valley Hope**  
  www.valleyhope.org  
  (800) 544-5101

- **Capstone Behavioral Health**  
  www.capstonebehavioralhealth.com  
  (402) 614-8444

- **Promiseship**  
  www.promiseship.org  
  (402) 492-2500

**MEDICAL, PRESCRIPTION AND IMMUNIZATION**
*Health programs for families of varied incomes and insurance coverages*

- **Access Nebraska**  
  dhhs.ne.gov/Children_Family_Services/AccessNebraska  
  (402) 595-1178

- **One World Community Health Center**  
  www.oneworldomaha.org  
  (402) 734-4110

- **Creighton Legal Clinic**  
  law.creighton.edu/clinics/abrahams-legal-clinic  
  (402) 280-3068

- **Creighton Dental Program**  
  www.creighton.edu/dentalschool/informationforpatients  
  (402) 280-2700

- **Children's Health Insurance Program**  
  www.healthcare.gov/medicaid-chip  
  1-800-318-2596

- **Needy Meds**  
  www.needymeds.org  
  1-800-503-6897

- **The Bridge Nebraska**  
  https://thebridgenebraska.org/  
  (402) 477-3951

- **Alcoholics Anonymous / Alateen - Omaha**  
  www.omahaaa.org  
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  (402) 614-8444

- **Promiseship**  
  www.promiseship.org  
  (402) 492-2500

**HOUSING ASSISTANCE**
*Financial assistance programs for disadvantaged families*

- **Salvation Army Rent Assistance**  
  (402) 898-7700

- **Salvation Army Utility Assistance**  
  (402) 898-7700

- **Food Bank for the Heartland**  
  www.foodbankheartland.org  
  (402) 331-1213

- **Together Inc. of Metro Omaha**  
  www.togetheromaha.org  
  (402) 345-8047

- **Bennington School District Counselors**  
  (402) 238-3044

**Bennington Public Schools Community Resource Guide**