

Music Therapy for the Classroom and Learning To Play The Native American Cedar Flute

Workshop ID: 8858

Presented by: Janalea Hoffman

Date: April 3, 2007
Time: 8:30 a.m. - 3:30 p.m.
Location: Educational Service Unit #3 (ESU #3), 6949 S. 110th St., Omaha, NE 68128
Audience: K-12 Educators/Special Education
Cost: ESU #3 districts - \$125, non ESU #3 districts - \$135

Description: The SOUND ENVIRONMENT and Education

The morning workshop explores how the sound environment effects our ability to learn. We need to feed our ears the proper sounds, just like your brains need proper oxygen and nutrition to learn effectively. Learn techniques based on Dr. Tomatis's theories on sound and frequency and how these methods of changing the sound environment can improve focus, concentration and agitation problems in the classroom. Learn Listening Fitness techniques, along with specific music to accelerate learning. Powerpoint presentation along with experiential learning.

The afternoon will focus on the therapeutic benefits of playing the Native American Cedar Flute. In this workshop you will learn simple techniques for playing the cedar flute, Native American style. It is one of the easiest instruments to play because you do not need to read music to be successful. The class is based on the Native 5-note scale which is very easy to learn. This is an excellent instrument for kids with learning disabilities because they can be easily rewarded. It's also excellent for adults who do not have lots of time for practicing an instrument. Traditional musical instruments require a lot of persistence and practice before you are rewarded. Learn about the therapeutic aspects of this unique instrument and how it can be a powerful tool for self expression. Hands on workshop. Each participant will be provided a 6 hole cedar flute with a normal price of \$125 which is included in the price of the workshop.

Notes: This is a full day with Janalea which will include the morning session, and the afternoon session on the Native American flute and how to play it for therapeutic uses. This session will include a high quality, wooden Native American flute as part of the registration fee. If you only want to sign up for the morning Music Therapy session, please sign up for workshop number - 8857.

To register for this workshop, contact Jane at registration@esu3.org or 597-4884.

REGISTRATION DEADLINE is one week prior to the workshop unless otherwise noted.

Cancellations not received 48 hours in advance and "no-shows" will be billed.

